

Shaping the future of health and wellbeing together

“... unless authorities create an environment in which the public is active in pursuit of their own health and wellbeing, the cost of treatment of chronic conditions will become unsupportable.”

Derek Wanless, *Securing good health for the whole population*, 2007

Introduction

Haringey’s health and wellbeing partners are working together to shape the borough’s refreshed health and wellbeing strategy for 2015 to 2018.

We have sought views on the current 2012-2015 strategy from a range of partners, and have met with the Leader, Chair of the Health and Wellbeing Board. Feedback indicates that while we have focused on the right issues up to this point, we need to narrow that focus for 2015 to 2018.

We have published information about the refresh on the council’s website. This includes a list of activities that are supporting health and wellbeing, in line with the priorities of the current strategy.

We would value the views of the Community Safety Partnership to identify the links between the work of our respective boards, and to consider how we can all benefit from the inter-dependencies and seek to close the gaps.

Proposed scope of the new strategy

At this stage, the refreshed Health and Wellbeing Strategy 2015-2018 is likely to focus on two areas. These are:

- Reducing childhood obesity
- Improving mental health and emotional wellbeing.

Evidence suggests that, in both cases, current interventions are not having the impact we would want to see and there has been no significant improvement in outcomes over the past three years. They would therefore benefit from greater scrutiny.

Everyone has a contribution to make from the perspective of their own organisation or service area, for example, through community safety, regeneration, planning, environment, physical activity, communities, families and the third sector. If prevention, early help and effective interventions are not put in place, there is no doubt that we will be leaving others to deal with the consequences in thirty years’ time.

The new sport and physical activity framework which is nearing completion will be monitored through the health and wellbeing board, and will identify key activities which align with the council’s emerging corporate plan for 2015-2018 and the health and wellbeing partnership strategy.

Mental health

The work around mental health and emotional wellbeing will be linked to the ongoing development of the mental health framework, which has adopted the approach set out in [No Health Without Mental Health](#), the cross-government mental health outcomes strategy for people of all ages published in 2011, and its six objectives:

- 1) More people will have good mental health
- 2) More people with mental health problems will recover

- 3) More people with mental health problems will have good physical health
- 4) More people will have a positive experience of care and support
- 5) Fewer people will suffer avoidable harm
- 6) Fewer people will experience stigma and discrimination

It should be noted that dementia is included in the work of the Better Care Fund, and is not therefore covered by the Mental Health Framework.

Life expectancy

The focus on two areas means there will no longer be a specific outcome dedicated to life expectancy. Nevertheless, reducing the life expectancy gap and increasing healthy life expectancy is still important; much of the activity is “business as usual” and will continue. This frees up the health and wellbeing board, through its strategy, to focus on transforming childhood obesity and mental health and emotional wellbeing.

Next steps in the consultation

HAVCO and Healthwatch are leading on the review with the voluntary and community sector and with health service users. They will be running a series of four workshops and providing a questionnaire which will tell us more about issues of particular concern to residents.